

# QUICK ECLECTIC GUIDE TO HALIFAX

Brought to you by the kind folks at the History of Science and Technology Programme, University of King's College.

**King's College Front Desk** 902-422-1271

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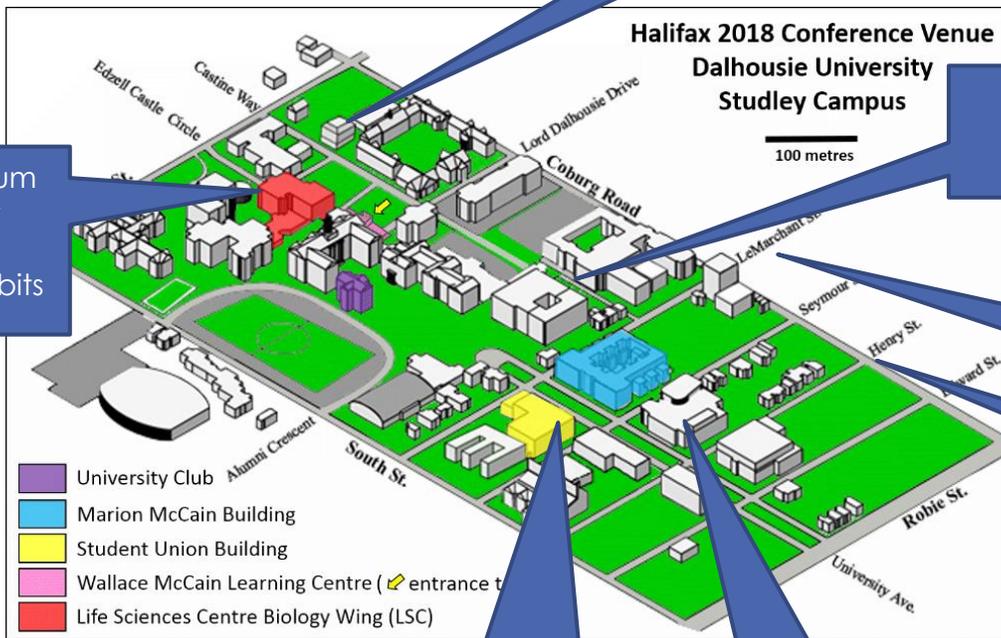
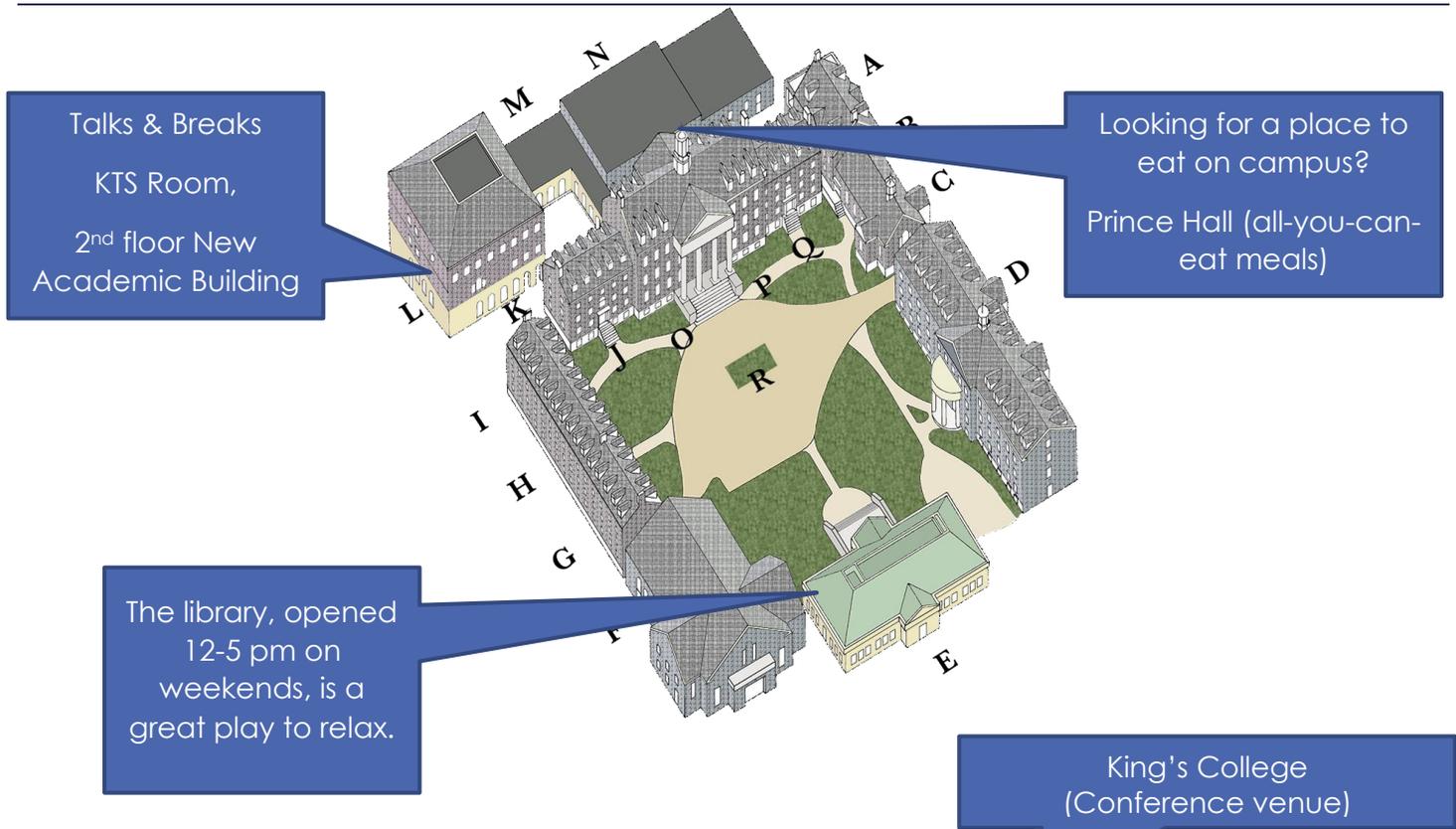
Friday, Nov. 1. 5:30-7:30 pm  
Reception  
Keith's Brewery  
1496 Lower Water St



Conference venue  
(Free parking in the quad on weekends)

1. University of King's College
2. Dalhousie University
3. Saint Mary's University
4. Point Pleasant Park
5. Public Gardens
6. Halifax Citadel
7. Ferry Terminal
8. Waterfront
9. Argyle St.





McCulloch Museum (Natural history collections) And geology exhibits

Dalhousie Library (Second Cup, Subway)

Nova Pharmacy

Coburg Social Bar and Café

Student Union Building (Tim Horton's, ToGo Fast Fresh)

Dalhousie Art Gallery

## WHERE TO EAT ON OR NEAR CAMPUS

### King's College

**Prince Hall** (New Academic Building – **King's College**) (Vegetarian, Vegan, Gluten free options always available on demand)

Convenient and delicious. Prince Hall even offers a kitchen where you can cook. The friendliest staff in Halifax. You can't beat the prices for these all-you-can-eat meal: \$6.25 breakfast; \$9.20 lunch; \$12.00 dinner (tax included).

Weekends: 9 a.m. – 6:45 p.m; Weekdays: 7:30am-6:45 p.m.

### Dalhousie Student Union Building

**ToGo Fast Fresh Food** Specializing in fresh, fun, organic, gluten-free and specialty menu choices (Saturday 9 am- 5 pm; closed on Sunday)

**Tim Horton's** Do we dare offer a description? (Saturday: 9:30am-5pm; Sunday 11:30 am- 5:00 pm)

### Dalhousie Killam Library

**Second Cup** Grab and go snacks and lunch items (Saturday and Sunday: 10 am-6 pm)

**Subway** (Saturday and Sunday: 10 am-6pm)

### Near Campus

**Coburg Socia Bar and Café** 6085 Coburg Rd. (902 429-2326)

Coffee house during the day, social bar at night. Daily vegan soup and lunch items available (7 am-11pm)

## WHAT TO DO ON OR NEAR CAMPUS

### King's College

**King's Co-op Bookstore** One of the 13 must-see cultural hotspots in Halifax. Unfortunately closed on weekends, so plan to visit on Friday afternoon if you arrive early (closes at 5 pm).

**King's Choir** Annual *For All the Saints* Concert. The amazing King's Choir will sing Schnittke's *Requiem* Sunday, Nov. 3 pm. 4 pm. Advance tickets available now at the King's Co-op Bookstore (902.422.1270 ext 261) and on Ticket Halifax ([tickethalifax.com](http://tickethalifax.com) / 902.422.6278).

### Dalhousie University

**Art Gallery:** Atmospheric brings together three multi-media installations that consider the ephemeral, mutable aspects of our environments—natural, architectural, and individual—and how we experience and perceive the atmospheres around us.

## HALIFAX

### Where to eat in Halifax

Halifax has four streets known for their shops and restaurants: Argyle, Spring Gardens/Barrington, Argyle, and the so-called “Hydrostone Market”.

### Argyle St.

Argyle St. is one of the best pedestrian spaces in Halifax, located smack in the middle of downtown Halifax and lined with the best restaurants, bars and pubs of the city. Grafton St., which is right next to it, is also worth visiting. A brief sample of the businesses there includes:

**Bistro Le Coq** 1584 Argyle St. (902 407 4564).  
Very classy Parisian restaurant.

**Economy Shoe Shop** 1663 Argyle Street (902 404-8934)  
A must-see, if only for its stunning decor and selection of Belgian beers and absinthe. It's where all the “beautiful people” hang out

**Little Fish Oyster Bar** 1740 Argyle St. (902 422 4421) Absolutely delicious. Go there for their oyster happy hour, 4-6pm every day – it's ‘just’ \$2 an oyster!

**The Bitter End**                    1572 Argyle (902 425-3039)  
A wonderful classy cocktail bar.

## **Spring Gardens/Barrington St.**

Spring Gardens boasts not only a number of shops and restaurants but is home to the award-winning public library (which has a nice rooftop view of the city) and the Public Gardens. It ends on Barrington street where you are also going to find lots to do and eat! You might try:

**La Frasca**                    5650 Spring Garden Road (422-2866)  
Fine Italian.

**Café Chianti**                1241 Barrington (902 423-7471)  
Italian, sometimes live jazz.

**Chives Bistro**  
1537 Barrington St. (902 420-9626)  
Upscale, great, eclectic cuisine. Expensive.

## **Quinpool road**

Popular with students, Quinpool is filled with restaurants and stores and is home to some gems:

**Sweet Hereafter Cheesecakery** 6148 Quinpool Road  
The best cheesecake in the city. Amazing vegan options are usually available too!

**Heartwood Restaurant**                6250 Quinpool Road  
Imaginative and delicious vegan and vegetarian food. Very generous portions.

**The Ardmore Tea Room**                6499 Quinpool Rd. (902 423 7523)  
The Ardmore's look has not changed very much since it opened in 1958, and that is part of its charm. It is mostly known for its hearty all day breakfast, but its selection of entrées also make for a very satisfying meal. It opens at 5am and is usually packed throughout the morning, but becomes very empty and restful in the evening.

**Freeman's Little New York**  
6092 Quinpool Rd. (902 429 0241)  
While it is hardly sophisticated, Freeman's is a source of reliably hearty food, open until 5am.

## Hydrostone Market

Tucked in the North End at the intersection of Young Street (not Avenue!) and Göttingen Street, the shops and restaurants are marking the start of the award-winning “Hydrostone” development constructed in the 1920s to house the victims of the Halifax Explosion. It is on the other side of the street from the Needham Memorial Park set up in remembrance of the catastrophe.

**Heartwood** (2<sup>nd</sup> location)      3061 Gottingen Street  
The second location of the beloved vegetarian and vegan restaurant.

**Julien’s Patisserie and Bakery** 5517 Young St, Halifax

### We love these restaurants

**The Wooden Monkey**      40 Alderney Dr., Dartmouth (902 466 3100)  
Excellent food, with hands down the best view of the Halifax Harbour. Located in the same building as the ferry terminal; enjoy the ‘cruise’ to get there. The Wooden Monkey also has another, less memorable but more accessible location at 1707 Grafton St., Halifax.

**Rasa! Indian Restaurant**      1542 Birmingham St (902 423 5995)  
The finest Indian food in Halifax.

**The Bicycle Thief**      1475 Lower Water (902 425-7993)  
World class restaurant on the waterfront.

**Le Bistro**      1333 South Park Street (902 423-8428)  
Don’t let the location fool you (ground floor of a highrise). Great French cuisine and desserts.

**McKelvie’s**      1680 Lower Water Street (902 421-6161)  
Great seafood.

**Da Maurizio**      1496 Lower Water (902 423-0859)  
In the Brewery Market. Italian. Huge wine list.

**Baan Thai**      1546 Dresden Road (902 406-4008)  
Fantastic Thai restaurant. Highly recommended.

**The Great Wall**      1649 Bedford Row (902 422-6153)  
Halifax has many, rather middling, Chinese restaurants. This is the best of the lot, especially its Sunday dim-sum.

### **Salty's Historic Properties**

877 Upper Water St. (423-6818)

Seafood. Fine view of harbour.

### **John's Lunch**

352 Pleasant St., Dartmouth. (902 469 3074)

An ugly location, but winner of numerous awards, especially for its fish n chips.

### **Wild Leek**

2156 Windsor St. (902 444 5466)

One of the best vegan places in Halifax. The brunch is worth attending.

## **Pubs**

**Gahan House** 1615 Grafton St. (902 444 3060). Hand-crafted beers on the menu

### **Henry House**

1222 Barrington St. (902 423 5660)

The house is a National Historic Site, former residence of one of the founders of the confederation.

Warm atmosphere, delicious food.

### **Old Triangle**

5136 Prince St. (902 492-4900)

Traditional Irish pub: guaranteed Celtic music almost every night. Check out the Sunday session, 2:30-5:00. The beers are somewhat expensive. Has four "snugs" in the back room for intimate conversation.

### **The Lower Deck Historic Properties**

1887 Upper Water St. (902 425-1501)

Loud, roudy, Halifax institution. Live "maritime" music. Aye's the Bye!

### **Rockbottom Brewpub**

5686 Spring Garden Rd (902 423-2938)

Inventive and delicious craft beer and nice pub food.

## Cafes

Halifax is littered with excellent indoor and outdoor (weather permitting) cafes. Try a walk along Argyle, Spring Garden or Barrington. Here are some of the best:

**Tart & Soul**                      6389 Coburg Rd. (902 431 8272)

Right across the street from the University of King's College! The staff is lovely and the food excellent.

**Uncommon Grounds**        5665 Spring Garden Rd. (902 420 1562)

Nested close to the center of the public gardens, this coffee shop has a great ice-cream selection, as well as assorted pastries.

**Glitter Bean**                      5896 Coburg Rd. (902 407 5715)

Halifax's first queer, co-op coffee place. Great service, great people.

**7 Bays Bouldering**        2019 Gottingen St. (902 407 9656)

Perfect for those looking for a place to climb, grab a snack, or both!

**Lucky Penny**                      6440 Quinpool Rd.

Excellent coffee.

**Dilly Dally**                      6100 Quinpool Rd. (902 407 5554)

Delicious coffee, tea and food, but poor table space.

**Steve-O-Reno's**                      1536 Brunswick (902 429-3034)

You MUST taste this guy's coffee. Absolute heaven. We're trying to figure out how he does it.

**Trident Café**                      1256 Hollis (902 423-7100)

Relaxing, cozy, café and bookstore. You may even spot one of the cast members from "This Hour has 20 Minutes"!

**LF BAKERY**                      2063 Göttingen

The croissants of this little French bakery will make you think you are in Paris.

# WHAT TO DO IN HALIFAX

## Bookstores!!!

### **Atlantic News**

5560 Morris Street (902 429-5486)

Excellent, large magazine store.

### **Bookmark**

5686 Spring Garden Rd. (902 423-0429)

Quality new books. Large HPS and philosophy section.

### **JW Doull Books**

122 Main St., Dartmouth (902 429-1652)

Huge, jumbled, maze-like second-hand bookstore. Large classics and big but uneven history and philosophy of science section. A must-see for the quirky shelves.

### **Schooner Books**

5378 Inglis St. (902 423-8419) Large secondhand bookstore – 2nd story antiquarian. Tucked away in the South End.

### **Venus Envy**

1598 Barrington St. (902 422-0004)

Feminist, philosophy, and alternative bookstore. (Loads of sex toys too)!

### **Wozzles Childrens**

Bookstore 1533 Birmingham (902 423-7626)

Bring a unique gift home for the kids.

## Sights

### **Halifax Citadel**

Smack in the centre of the city – you can't miss it. Lots of military re-enactment, if you're into that sort of thing, a lot of which is done by King's students. The staff is quite nice, as long as you don't ask them at what time the noon gun fires.

### **Point Pleasant Park**

Large, rambling forest at the very south end of the city. Take a walk amongst “nature”, even if it is only socially constructed.

### **Halifax Public Gardens**

The Halifax Public Gardens is the oldest Victorian garden in North America. It is a wonderful place for a stroll, only minutes away from campus, the waterfront, and downtown. There is also a coffee shop, Uncommon Grounds, in the public gardens. They have a fantastic ice cream selection.

### **Halifax-Dartmouth Ferry**

Take the cheapest of harbour cruises (\$1.65 each way)!! Board at the Ferry Terminal near the Historic Properties, just down from the Perk's Coffee Shop. Every ½ hour on the weekend.

### **Waterfront and Historic Properties.**

Stroll along the boardwalk, board some boats, and eat at the Harbourside Market (in the Historic Properties) while watching the ships go by. Great collection of restaurants and brewpub.

### **Maritime Museum of the Atlantic**

1675 Lower Water Street (424-7190) Superb museum on the waterfront. Check out the Theodore Tugboat, Titanic and Halifax Explosion exhibits.

### **Peggy's Cove**

South Shore Rent (borrow or steal) a car and take a short drive out on the south shore to Nova Scotia's world-famous tourist spot.

### **Halifax Market**

Lower Water Street Saturday's only, 7:00am 'till 2:00pm. Wonderful farmer and craft market, located in the labyrinthal rooms of the historic Brewery Market, Lower Water Street. It gets jam-packed after 9:00am.

### **Pier 21 National Canadian Museum**

1055 Marginal Road (425-7770)

The first drop-off point for many immigrants to Canada. They can help you locate the arrival of immigrant ancestors, if they arrived between 1865 and 1935 (sometimes they can find more recent arrivals, depending on the location, but this is a good rule of thumbs).

### **Halifax Seaport Market**

1209 Marginal Rd. (902 492 4043)

A bustling location on weekends, with great foods all around! The booth for Mary's African Cuisine is especially worth the visit. Enjoy a beautiful view of the harbour, and stroll atop the building's green roof. Situated right next to Pier 21, close to the Discovery Center and the boardwalk!

**The boardwalk**

The walk along the Halifax Waterfront is well worth the time in and of itself – and it goes by multiple restaurants and museums!

**University of King's College Campus**

Coburg Road at Oxford

Check out King's' fine buildings and library on the north eastern side of Dalhousie Campus. Home of the History of Science and Technology Program.